

Fall Semester 2013

New Faculty One Stop Shop: Monday, August 12, 2013 2:00 – 3:00, Student Union Key West Room 218

De-Stress for Success: UCF's Center for Success of Women Faculty is proud to sponsor De-Stress for Success Fall 2013

This event is o promote a sense of community for women faculty across all disciplines at UCF and to encourage women faculty to participate in UCF opportunities and events. To join, select from the diverse list of events on the CSWF website. Those who participate in a minimum of 5 events during the fall semester will receive a CSWF tote bag full of goodies.

Events include:

- CSWF Book Club
- CSWF Successful Women Seminar Series
- CSWF Ice Cream Social
- New Women Faculty Reception
- UCF Art gallery openings
- UCF Music and Theatre events
- Working out in the UCF faculty gym
- Attending UCF athletic events
- Participating in Volunteer-UCF
- UCF- sponsored charity events
- UCF Arboretum events
- FCTL events, ORC events and more!

For more information and to sign up, please contact Fran Ragsdale at: fran.ragsdale@ucf.edu
Deadline to register is 10/31/2013 and deadline to submit completed forms is 11/26/2013.
womenfaculty.afia.ucf.edu/

[Fall 2013 UCF Event Listing for DeStress FINAL](#)

K-12 Educators Workshop - Sunday, September 8, 2013 8:00am - 1:00pm Fellers House, Please contact Dr. Linda Walters for more information linda.walters@ucf.edu

Women's Self Defense Class: Tuesday, September 10, 2013 UCF Police Station 1:30 – 3:30

'S.A.F.E.' (an acronym for Self-defense Awareness & Familiarization Exchange) The UCF Center for Success of Women Faculty is pleased to offer UCF women faculty a Women's Self Defense Class. The instructors will be UCF Police Officers who have been trained by the National Self-Defense Institute (<http://www.nsd.org>) This course is designed to provide attendees with information, tactics, and options which may be useful for various types of crimes perpetrated against women. The UCF Center for Success of Women Faculty will cover the cost of this training. Twenty (20) seats are available, and are first come, first served. You can register by calling Fran Ragsdale at 407-823-4240, or email fran.ragsdale@ucf.edu. Class will be held at the UCF Public Safety Building (Police Department)

0-Desk-30 - Caribbean Art Gallery Private Guided Tour - Friday, September 13, 2013 12:30 - 1:00
UCF Art Gallery in the Visual Arts Building, or a guided tour of the wonderful Caribbean Expressions: Art, Life and Culture, led by the show's curators: Ilenia Colon Mendoza and Kayla Hernandez. Prepare to be wowed!

Fall 2013 DiversiTea - Call me Roma, Not Gypsy Dispelling Myths and Revealing the Truth
Wednesday, September 18, 2013 Library Room 223, 12:00 Noon - 1:30pm. Please RSVP by September 16th to diverse@ucf.edu

Shrouded in mysticism and misconceptions, the Roma are more commonly known by a derogatory misnomer, Gypsies. Historically, Roma have been romanticized and demonized in literature and the media. In reality, this ethnic minority has endured centuries of discrimination, social disadvantage, and persecution at the hands of the dominant culture. Please join us in a conversation with Sabrina Deaton, PhD student with the UCF Department of Sociology, as she shares the history, myths, and culture of the Roma. Learn about their roots in India, their near-annihilation at the hands of the Nazis, and where they are today.

[Flyer Fall 2013](#)

Please Note Time Change - New Women Faculty Reception: Thursday, September 19, 2013
Student Union Room Cape Florida 316CD, 3:00 – 5:00pm

International Coastal Clean-Up Day in Mosquito Lagoon: Saturday, September 21, 2013 6:30am
at Fellers House. Please contact Dr. Linda Walters for more information linda.walters@ucf.edu

Red Cross Adult CPR Class: Tuesday, September 24, 2013 Student Union Sand Key Room 220, 8:30 to 1:00

The Center for Success of Women Faculty is pleased to announce a FREE Red Cross Adult CPR class for UCF Faculty. The Red Cross certification now is good for two years, and the certificates are printed on an 8.5" X 11" sheet of paper. There are 20 seats available, and will be filled first come, first served. To reserve your spot please contact, Fran Ragsdale 407-823-4240 fran.ragsdale@ucf.edu. This class is for UCF Faculty only.

CSWF & FCTL Book Club: *"Lean In"* by Sheryl Sandberg, Thursday, September 26, 2013, Noon to 1:00pm, FCTL Conference Room. In *Lean In*, Sandberg examines why women's progress in achieving leadership roles has stalled, explains the root causes, and offers compelling, commonsense solutions that can empower women to achieve their full potential. Sandberg digs deeper into these issues, combining personal anecdotes, hard data, and compelling research to cut through the layers of ambiguity and bias surrounding the lives and choices of working women. She recounts her own decisions, mistakes, and daily struggles to make the right choices for herself, her career, and her family. She provides practical advice on negotiation techniques, mentorship, and building a satisfying career, urging women to set boundaries and to abandon the myth of "having it all." She describes specific steps women can take to combine professional achievement with personal fulfillment and demonstrates how men can benefit by supporting women in the workplace and at home. Sandberg is the chief operating officer of Facebook and is ranked

on Fortune's list of the 50 Most Powerful Women in Business and as one of Time's 100 Most Influential People in the World. Read/Discuss Chapters 1 – 4.

Indian River Lagoon National Estuary Program, Saturday, Sept 28, 2013 9:00 - 10:00am, South Causeway (SR 44) New Smyrna Beach, FL. See poster for more information [Flyer 8X11 Volusia](#) 11:00am - 2:00pm at Fellers House for shell bagging. Please contact Dr. Linda Walters for more information on both events linda.walters@ucf.edu

Successful Women Seminar Series: Dr. Deborah German, Vice President of Medical Affairs, Dean, UCF College of Medicine, Thursday, October 3, 2013, Student Union Garden Key Room 221, Noon – 1:30, “Building the life you want, career success and personal happiness” Dr. German will talk about her experience in having a career and a family. She will share her thoughts and stories about success, failure, taking risks and finding opportunities. The goal is to focus attention on building the life you want with a successful career and most of all, personal happiness. Brown Bag Lunch, UCF Women Faculty Only.

CANCELLED First Aid Class: Learn how to determine the signs, symptoms, and treatment of everything from sprains and fractures to bleeding, poisonings, and burns. Please dress comfortably to participate in practice exercises on the floor. Maximum of 20 participants. To register please contact Fran Ragsdale fran.ragsdale@ucf.edu Facilitated by: José Vazquez, Environmental Health and Safety

CSWF & FCTL Book Club: “*Lean In*” by Sheryl Sandberg Thursday, October 17, 2013, Noon to 1:00pm, FCTL Conference Room. In *Lean In*, Sandberg examines why women's progress in achieving leadership roles has stalled, explains the root causes, and offers compelling, commonsense solutions that can empower women to achieve their full potential. Sandberg digs deeper into these issues, combining personal anecdotes, hard data, and compelling research to cut through the layers of ambiguity and bias surrounding the lives and choices of working women. She recounts her own decisions, mistakes, and daily struggles to make the right choices for herself, her career, and her family. She provides practical advice on negotiation techniques, mentorship, and building a satisfying career, urging women to set boundaries and to abandon the myth of “having it all.” She describes specific steps women can take to combine professional achievement with personal fulfillment and demonstrates how men can benefit by supporting women in the workplace and at home. Sandberg is the chief operating officer of Facebook and is ranked on Fortune's list of the 50 Most Powerful Women in Business and as one of Time's 100 Most Influential People in the World. Read/Discuss Chapters 5-7.

0-Desk-30 - Backstage Tour of the Theatre Friday, October 25, 2013 12:30 - 1:00. Dr. Kristina Tollefson will give a backstage tour of the UCF Theatre Department (please go to the Theatre building 6 on the campus map, NOT the Performing Arts Center.) <https://map.ucf.edu/?show=6>

The World Academy for the Future of Women Friday, October 25, 2013 1:00 - 2:00pm, FCTL Conference Room 207, Classroom Building 1. TheWorld Academy for the Future of Women - <http://wafw.org/-is> a bold and daring leadership program preparing women and men for accelerating women's leadership worldwide. The World Academy is focused on advancing the role of women in campus, community, country and global leadership. The creation of the World Academy for the Future of Women is a huge step in preparing young women and men to inspire, empower and engage other women and men to achieve the goals. Our outcomes are centered on young men and women who go forth in their

communities with the leadership skills necessary to create positive change for all. Won't you please joins us for a reception at the UCF Center for Success of women Faculty on October 25, 2013, from 1:00pm to 2:00pm, FCTL Conference Room, CL1 Room 207. Come hear about the WAFW participant who got water to her village; to the WAFW participant who created a literacy program for pre-school age children and their Moms; and, about a participant who is working with the Sunshine Angels, a project to advance the inclusion of individual with autism in their communities. We look forward to seeing you there.

Women's Health Happy Hour at Maxin's on the Shine Tuesday, November 12, 2013, 5:30-7:00pm
337, N Shine Ave
Orlando, FL 32803

The Women's Studies Program at UCF will be hosting a ***Women's Health Happy Hour at Maxine's on Shine!*** The evening will feature a panel discussion on the changing landscape of women's health, and will be filled with good food, drinks, & company. Our speakers includes Jenna Tosh President & CEO of Planned Parenthood of Greater Orlando, Nina Perez, Healthcare Campaign Fellow of MomsRising, and Tabatha DiDomenico, Chapter Leader of International Cesarean Awareness Network (ICAN) in East Central Florida. Suggested contribution to attend is \$15 and all proceeds will go directly towards supporting the Women's Studies Program Scholarship Funds! RSVP at <http://WomensHealthHH.brownpapertickets.com/>

Successful Women Seminar Series: Dr. Stella Sung, Pegasus Professor School of Visual Arts and Design, Wednesday, November 13, 2013 Student Union Key West Room 218C 2:30 – 3:30. "The Making of an Opera: Discussing the Creative Process." This talk will center around the current project that Dr. Sung has been involved with during the past 2 1/2 years--her opera titled THE RED SILK THREAD. Premiered in two public workshop performances in April of 2013 at the Univ. of MI (Ann Arbor), the work is scheduled for its world premiere in April 2014 at the Phillips Performing Arts Center at the Univ. of FL. Dr. Sung will discuss the evolution and process of the work and show some examples of the music, visuals, etc. [Stella Sung Information Sheet Talk Nov 13 2013](#)

CSWF & FCTL Book Club: "*Lean In*" by Sheryl Sandberg Thursday, November 14, 2013, Noon to 1:00pm, FCTL Conference Room. In *Lean In*, Sandberg examines why women's progress in achieving leadership roles has stalled, explains the root causes, and offers compelling, commonsense solutions that can empower women to achieve their full potential. Sandberg digs deeper into these issues, combining personal anecdotes, hard data, and compelling research to cut through the layers of ambiguity and bias surrounding the lives and choices of working women. She recounts her own decisions, mistakes, and daily struggles to make the right choices for herself, her career, and her family. She provides practical advice on negotiation techniques, mentorship, and building a satisfying career, urging women to set boundaries and to abandon the myth of "having it all." She describes specific steps women can take to combine professional achievement with personal fulfillment and demonstrates how men can benefit by supporting women in the workplace and at home. Sandberg is the chief operating officer of Facebook and is ranked on Fortune's list of the 50 Most Powerful Women in Business and as one of Time's 100 Most Influential People in the World. Read/Discuss Chapters 8 – 11.

0-Desk-30 - UCF Arboretum Guided Tour - Friday, November 15, 2013, 1:00 - 1:30pm. We will meet at the UCF Arboretum Trailer for a guided tour of the UCF Arboretum Organic Community Garden with Tina Richards and Jenn Elliott. The Arboretum trailer is located behind the Harris Engineering Center (building 525 on the campus map).

St. Luke's Concert Series 2013-14 UCF Symphony Orchestra - Saturday, November 23rd, 7:00pm St. Luke's Lutheran Church 2021 W. SR 426, Oviedo, FL
[1Full page photo](#)