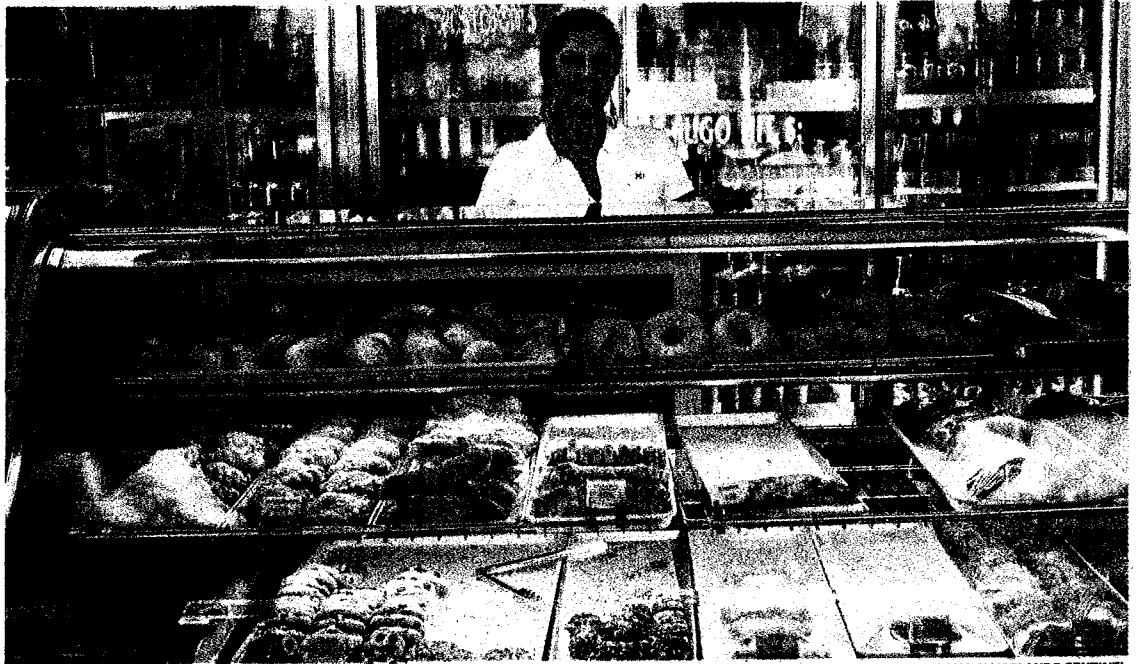


# A WORLD TO SAVOR

## Asian

- Fillipino-Oriental:** 600 N. U.S. Highway 17-92, Longwood; 407-339-5559
- Asian Food Market:** 5025 Edgewater Drive, Orlando; 407-299-7698
- Asian Grocery:** 97 E. Merritt Ave., Merritt Island; 321-453-3725
- Asian Market:** 12066 Collegiate Way, Orlando; 407-823-9033
- Beverly's Oriental Food Market:** 829 Deltona Blvd, Deltona; 386-860-0016
- DeGuzman Philippine Market:** 8433 E. Colonial Drive, Orlando; 407-282-7772
- DeGuzman Oriental Food Mart II:** 3838 S. Orlando Ave., Sanford; 407-330-9885
- Dong-A Co.:** 816 N. Mills Ave., Orlando; 407-898-9227
- Downtown Oriental Grocery:** 135 W. International Speedway Blvd., Daytona Beach; 386-257-5793
- Eastside Asian Market:** 12950 E. Colonial Drive, Orlando; 407-615-8881
- Evcon Fillipino Oriental Store:** 9251 S. Orange Blossom Trail, Orlando; 407-855-3665
- 1st Oriental Supermarket:** 5132 W. Colonial Drive, Orlando; 407-292-3668
- Green Oriental Market:** 10209 E. Colonial Drive, Orlando; 407-381-9944
- J Japanese Food Mart:** 7452 Universal Blvd., Orlando; 407-352-6616
- J.M. Oriental Market:** 9421 S. Orange Blossom Trail, Orlando; 407-816-6700
- Kim Lai Shing Market:** 2250 Principal Row, Orlando; 407-888-2188
- L&L Oriental Market:** 857 Sand Lake Road, Orlando; 407-816-1700
- Lotte Oriental Korean Market:** 1725 W. Oak Ridge Road, Orlando; 407-855-0992
- Medina Bazaar:** 611 W. Vine St., Kissimmee; 407-931-1141
- M&M Philippine Mart:** 7339 E. Colonial Drive, Orlando; 407-281-6999
- Philippine Asian Mart:** 600 N. Highway 17-92, Longwood; 407-339-5559
- Saigon Market:** 1232 E. Colonial Drive, Orlando; 407-898-6899
- Seoul General Market:** 1416 E. Semoran Blvd., Apopka; 407-886-0112
- Super Oriental Market:** 2100 E. Colonial Drive, Orlando; 407-898-6858
- Tienhung Market:** 1108 E. Colo-



HANSONG GU/ORLANDO SENTINEL

Cafe De Colombia Bakery owner Myrlam Henao stands behind the counter at her Orlando store.

352-324-3366; 1213 N. Orange Ave., Orlando, 321-800-5212; yalahabakery.com

## Indian

- Bombay Bazaar:** 11301 S. Orange Blossom Trail, Orlando; 407-856-1780
- India Spice House:** 7649 Turkey Lake Road, Orlando; 407-226-2727; IndiaSpiceHouse.com
- Indian Market:** 12229 University Blvd., Orlando; 407-243-2424
- House of Spices Laxmi Plaza:** 1137 Doss Ave., Orlando; 407-857-8805
- Masala Bazaar:** 7575 University Blvd., Winter Park; 407-951-8601
- Seven Star Foods:** 681 Mason Ave., Daytona Beach; 386-255-5156
- Spiceland Indian Groceries:** 870 S. Sun Drive, Lake Mary; 407-829-2440; spicelandstore.com

## Italian

**All Italian Market & Deli:** 13526 Village Park Drive, Suite 214, Orlando; 407-704-1856; allitalianmarket.blogspot.com



HANSONG GU/ORLANDO SENTINEL

Employees serve authentic fare at the Middle East Market in Orlando.

407-886-5334; 5789 Curry Ford Road, Orlando, 407-380-3700; 4061 W. Oak Ridge Road, Orlando, 407-351-8880; 2701 N. Hiwassee Road, Orlando, 407-770-0012; 4108 W. Vine St., Kissimmee,

mee, 407-279-4070; 12981 S. Orange Blossom Trail, Orlando, 407-608-6840; and 5660 Curry Ford Road, Orlando, 407-480-2070; sedanos.com  
**Supermercado Brasileiro:**

- met.com
- D&G Occasions:** 625-G Herndon Ave., Orlando; 407-894-4458; DAndGOccasions.com (party and craft supply store that also has some International fillings for pastries, pies and cakes)
- Eat More Produce:** 111 S. Orlando Ave., Winter Park; 407-647-5292; eatmoreproduce.com
- Granada Gourmet:** 197 E. Granada Blvd., Ormond Beach; 386-677-0470
- House of Spices:** 1137 Doss Ave., Orlando; 407-857-8805
- International Food Club:** 4300 L.B. McLeod Road, Unit A, Orlando; 321-281-4300; ifoodclub.com (foods from Argentina, Australia, Bolivia, Bosnia, Brazil, Bulgaria, Canada, China, Colombia, Croatia, Egypt, Finland, France, Germany, Great Britain, Greece, Holland, Hungary, India, Italy, Jordan, Iran, Israel, Lebanon, Macedonia, Malaysia, Mexico, Pakistan, Poland, Portugal, Saudi Arabia, Slovenia, South Africa, Spain, Sri Lanka, Switzerland, Syria, Thailand, Trinidad, Tobago, Tunisia, Turkey, UAE, Ukraine, United Kingdom and United States)
- KaDee Kay Gourmet Kitchen:**



nial Drive, Orlando; 407-422-0067  
**Woo-Sung Oriental Food Mart:** 5079 Edgewater Drive, Orlando; 407-295-4077

## British

**Julie's British Shoppe:** 909 E. New Haven Ave., Melbourne, 321-768-8369; LordRavenswood-Hall.com

**Penny Lane British Imports:** 2090 S. Nova Road, B 212, South Daytona Beach; 386-788-7689; 9 a.m.-4 p.m. Saturdays only

**The British Shoppe,** 809 N. Mills Ave., Orlando; 407-898-1634; TheBritishShope.com

**Windsor Rose Tea Room:** 142 W. Fourth Ave., Mount Dora; 352-735-2551

## French

**Benjamin French Bakery:** 716 E. Washington St., Orlando; 407-797-2253; benjaminfrenchbakery.com

**Chez Jacqueline:** 101 N. Country Club Road, Lake Mary; 407-321-5662

**Croissant Gourmet Bakery:** 120 E. Morse Blvd., Winter Park; 407-622-7753; CroissantGourmet.com

**La Gourmandise French Bakery & Pastry Shop:** 359 W. Granada Blvd., Ormond Beach; 386-672-5594; FrenchBakery.net

**Les Petits Pleasures:** 2120 Edgewater Drive, Orlando; 407-422-4702

**Mon Delice:** 557 E. Third Ave., New Smyrna Beach; 386-427-6555

**Sweet Traditions:** 126 W. Plant St., Winter Garden, 407-656-6338; 212 N. Park Ave., Winter Park, 407-622-2232

## German, general European

**Lacomka Russian Bakery & Deli:** 2050 N. Semoran Blvd., Winter Park; 407-677-1101; Lacomka-Orlando.com

**Pumpernickel's German Delicatessen:** 2850 S. Hopkins Ave., Titusville; 321-268-5160

**Magnolia Square Market:** 117 Magnolia Ave., Sanford; 407-878-4942; magnoliasquaremarket.com

**Mr. Dunderbak's Delicatessen & Bavarian Pantry:** 1700 W. International Speedway Blvd., No. 210, Daytona Beach; 386-258-1600

**Yalaha Country Bakery:** 8210 County Road 48, Yalaha,

**Antonio's Cafe and Deli (restaurant and retail shop):** 611 S. Orlando Ave. (U.S. Highway 17-92), Maitland; 407-645-5523 (restaurant); 407-645-1043 (retail shop); antoniosonline.com

**Carlera's Cucina Italiana:** 7600 Dr. Phillips Blvd., Orlando (Marketplace at Dr. Phillips), 407-351-1187; 10663 Narcoossee Road, Orlando (Cornerstone at Lake Hart); 321-235-1931; Carleras.com

**Fresco Italian Restaurant & Market:** 7603 Turkey Lake Road, Orlando; 407-363-5775

**Paul's Italian Deli:** 812 E. Vine St., Kissimmee; 407-933-0766

## Jewish, Persian, Middle Eastern

**Adam Halal Meats & Grocery:** 7329 Lake Underhill Road (Rena's Plaza), Orlando; 407-384-8604 (Islamically slaughtered meats, spices, fish; some West Indian foods)

**Aladdin Café Grocery & Bakery:** 1015 E. State Road 436 (Summit Plaza), Casselberry; 407-331-0488 (Lebanese-Middle Eastern market)

**Aladdin's Bakery:** 533 N. Semoran Blvd., Orlando; 407-341-8093

**Apna Bazaar:** 9432 S. Orange Blossom Trail, Orlando; 407-856-0238 (Indian, Pakistani, British and Middle Eastern groceries)

**Cedar Halal Food & Deli:** 12100 E. Colonial Drive, Unit E, Orlando; 407-381-8004

**Cohen's Deli & Butcher Shop:** 16640 Cagan Crossings, Clermont; 352-729-3399; CohensDeli.com

**Kosher Cullinary:** 7508 Universal Blvd., Orlando; 407-354-1296; KosherCullinary-orlando.com

**Kosher Kats Marketplace:** 180 S. Ronald Reagan Blvd. Longwood; 407-696-8873; KosherKats.com (Central Florida's only Glatt kosher market)

**Middle East Market:** 8100 S. Orange Blossom Trail, Orlando; 407-855-6555

**Pasha Middle East Foods:** 919 W. International Speedway Blvd., Daytona Beach; 386-257-7753

**Tony's Deli & Bakery:** 1323 N. Mills Ave., Orlando; 407-898-6689

## Spanish, South & Central American

**Bravo Supermarket:** 519 S. Orange Blossom Trail, Apopka,

407-932-1520; 3081 Michigan Ave., Kissimmee, 407-518-9840; 2618 Boggy Creek Road, Kissimmee, 407-344-4444; 4651 Old Pleasant Hill Road, Kissimmee (Poinciana), 407-343-0478; 2413 Enterprise Road, Orange City, 386-774-0007; 624 S. Dillard St., Winter Garden, 407-356-2550; more locations at bravosupermarkets.com

**Cafe De Colombia Bakery:** 2512 S. Semoran Blvd., Orlando; 407-249-0202

**Clara's Bakery:** 815 W. State Road 434, Winter Springs; 407-834-1224

**Colombia Bakery:** 10438 E. Colonial Drive, Orlando; 407-380-0944

**Compare Supermarket:** 1870 Providence Blvd., Deltona; 386-789-3289

**Compare Supermarket:** 2441 E. Semoran Blvd., Apopka; 407-886-5384

**Dolce Bakery & Cafe:** 992 E. Osceola Parkway, Kissimmee; 407-201-6828; dolce-usa.com (Venezuelan-Italian bakery)

**El Mejor Sabor Bakery:** 75 W. Main St., Apopka; 407-886-5242

**Fortuna Bakery:** 12701 S. John Young Parkway, Orlando; 407-855-7070

**La Hacienda Meat Market:** 3090 Aloma Ave., Suite 145, Winter Park; 407-673-7720

**La Perla Deli:** 608 Dillard St., Winter Garden; 407-905-0440

**La Placita Dominican Market:** 1105 W. State Road 436, Altamonte Springs; 407-788-8814

**La Primera Grocery:** 39 S. Semoran Blvd. (State Road 436), Orlando; 407-658-9136

**Las Americas Grocery & Deli:** 222 N. U.S. Highway 17-92, Longwood; 407-830-8599

**La Taxuena:** 819 S. Park Ave., Apopka; 407-886-4826

**Medina's Grocery:** 2405 E. Washington St., Orlando; 407-894-9294

**Mi Mexico:** 387 E. Main St., Apopka; 407-884-7062

**Mi Pueblito:** 451 W. Silver Star Road, Ocoee; 407-905-9262

**Mi Ranchito Mexican Market:** 744 S. Bluford Ave., Ocoee; 407-654-4470

**Paletaria Jalisco:** 427 W. Silver Star Road, Ocoee; 407-654-6700; Facebook

**Pao Gostoso Brazilian Bakery:** 5472 International Drive, Orlando; 407-447-8946; paogostoso.net

**Publix Sabor:** 1980 E. Osceola Parkway (Ventura Downs), Kissimmee; 407-348-8422

**Sedano's Supermarkets:** 1100 N. John Young Parkway, Kissimmee,

5450 International Drive, Orlando; 407-351-1550

**Tienda El Mercadito:** 23925 State Road 46, Sorrento; 352-735-3344

**Tienda Mexicana Jalisco:** 2021 N. Goldenrod Road, Orlando; 407-282-8339

**Tortilleria La Mexicana:** 2417 W. Oak Ridge Road, Orlando, 407-888-3531

## Polish

**Europol Polish Deli:** 3090 Aloma Ave., Winter Park; 407-678-0909

**Polonia:** 750 S. U.S. Highway 17-92, Longwood; 407-331-1933; Polonia-Restaurant.com

**Polish Delicatessen:** 1322 W. North Blvd., Leesburg; 352-365-1747

## West Indian, Caribbean

**Caribbean Market:** 1446 N. Pine Hills Road, Orlando; 407-292-0493

**Caribbean Food Market:** 2121 W. Washington St., Orlando; 407-246-6995

**Caribbean Sunshine Bakery & Food:** 6922 Silver Star Road, Orlando; 407-578-0068

**Caribbean Supercenter:** 5111 W. Colonial Drive, Orlando (Pine Hills); 407-523-1308

**Colonial Caribbean Food Market:** 6235 W. Colonial Drive, Orlando; 407-299-1824

**Jack's Caribbean Market:** 2427 S. Rio Grande Ave., Orlando; 407-648-0440

**Lin's Caribbean Cuisine:** 5600 W. Colonial Drive (at Kirkman Road), Orlando, Suite 105; 407-298-0088

**Singh's Roti Shop:** 5244 Old Winter Garden Road, Orlando; 407-253-2900

## Gourmet and specialty markets

Gourmet stores and specialty markets stock hard-to-find ingredients, including ethnic goods.

**Abu Maher International Grocery:** 6148 Hanging Moss Road, Orlando; 407-677-8000 (Mediterranean, Mid-Eastern, Turkish, Persian, Indo-Pak and Asian groceries, Halal meats)

**Cavallari Gourmet:** 1954 W. State Road 426 (at Red Bug Lake Road), Suite 1172, Oviedo; 407-365-8000; CavallariGour-

237 W. Fourth Ave., Mount Dora; 352-383-3600; kadeekay.com

**Manzano Fine Foods:** 311 Flagler Ave., New Smyrna Beach; 386-402-4981

**Panita Bakery & Café:** 1220 State Road A1A, Indian Shores; 321-473-8986; panitabakery.com

**Penzeys Spices:** 102 N. Park Ave., Winter Park; 407-788-7777

**Petty's Specialty Foods & Meats:** 2141 W. State Road 434, Longwood; 407-862-0400; PettysMeats.com

**Spice & Tea Exchange:** 309 N. Park Ave., Winter Park; 407-647-7423; SpiceAndTea.com

**The Ancient Olive:** 324 N. Park Ave., Winter Park; 321-972-1899; theancientolive.com

**The Gourmet Spot:** 411 N. Donnelly St., Mount Dora; 352-735-4777; thegourmetspot.com

**The Meat House:** 669 N. Orange Ave., Winter Park; 407-629-6328; themeathouse.com

**Truffles & Trifles:** 711 W. Smith St., Orlando; 407-648-0838; TrufflesAndTrifles.com

**Williams-Sonoma:** 142 S. Park Ave., Winter Park, 407-628-5900; Mall at Millenia, 4200 Conroy Road, Orlando, 407-354-3244; Williams-Sonoma.com

**Whole Foods Market:** 1989 Aloma Ave., Winter Park, 407-673-8788; 8003 Turkey Lake Road, Orlando, 407-355-7100; WholeFoodsMarket.com

**Whole Foods Market:** 1989 Aloma Ave., Winter Park, 407-673-8788; 8003 Turkey Lake Road, Orlando, 407-355-7100; WholeFoodsMarket.com

## Health-food stores

Health-food stores are excellent sources for hard-to-find grains and other foods used in ethnic recipes.

**Chamberlin's Natural Foods:** 430 N. Orlando Ave., Winter Park (Winter Park Village), 407-647-6661; 7600 Dr. Phillips Blvd., Orlando (The Marketplace), 407-352-2130; 1086 Montgomery Road (at State Road 434), Altamonte Springs, 407-774-8866; 1170 Oviedo Marketplace Blvd., Oviedo, 407-359-7028; 114 N. John Young Parkway, Kissimmee, 407-846-7454; Chamberlins.com

**Heath's Natural Foods:** 600 E. Third Ave., New Smyrna Beach; 386-423-5126; heathsnaturalfoods.com

**Hoover's Market:** 1035 Academy Drive (off State Road 436), Altamonte Springs; 407-869-0000; hooversmarket.com

